



Looking after your health comes with added benefits.

Complete your Vitality Health Check to qualify for enhanced funeral cover for you and your family.

Your employer screening supports your health and wellbeing

Your **Vitality Health Check** gives you valuable information about your health and could increase your funeral cover.

What is a Vitality Health Check?

A **Vitality Health Check** is a simple check-up that helps you understand your current health and wellbeing. It measures key indicators such as blood pressure, cholesterol, blood sugar and weight, and takes your smoking status into account, helping you take positive steps towards a healthier future.

If you have a spouse on your membership, both of you must do a **Vitality Health Check** every rolling 12 months to qualify for increased rewards.

The **Vitality Health Check** is not paid for by the medical scheme.



Both checks are valuable, but they do different things

Employer wellness screening

Helps you understand your health and supports your wellbeing in the workplace.

Vitality Health Check

Helps you understand your health and is required to qualify for the increased GlencoreFIT Funeral Benefit.



Your funeral cover could increase

- Member: from R20,000 to R30,000
- Spouse: from R20,000 to R30,000
- Adult dependant aged 21 or older: from R20,000 to R30,000
- Child aged 16 to 21: from R15,000 to R22,500
- Child aged 7 to 15: from R10,000 to R15,000
- Child aged 0 to 6: from R6,000 to R9,000
- Stillborn child: from R2,000 to R3,000

Your spouse and children must be registered beneficiaries on your Glencore Medical Scheme membership.



What you need to do

If you have a spouse on your membership, both of you must do a **Vitality Health Check** every rolling 12 months to qualify for increased rewards.

The Vitality Health Check is not paid for by the medical scheme.

1. Complete your employer wellness screening to support your health and wellbeing.
2. Complete your **Vitality Health Check** to qualify for the increased funeral benefit.
3. Increase your HealthyCare reward to up to 15% back by completing a Vitality Health Check at your nearest Clicks pharmacy or **Wellness Network Pharmacy**.

Take the next step

Already completed your employer wellness screening? *That's a great start.*

Now complete your **Vitality Health Check** to get more cover from your GlencoreFIT Funeral Benefit.

Complete your Vitality Health Check today and unlock the increased funeral cover available to you and your loved ones.

To book for Vitality Health Check, visit:
www.glencoremedicalscheme.co.za